



13-18 Month Milestones Checklist

Yes

No

Motor

Walks independently and seldom falls

Squats to pick up a toy

Stacks two objects or blocks

Inserts 1-2 shapes into correct hole on formboard/puzzle

Sensory

Has a regular sleep schedule

Helps with getting dressed/undressed

Eats an increased variety of foods

Communication- By 15 months

May use 5-10 words

Imitates simple words and actions

Combines sounds and gestures

Consistently follows simple directions

Shows interest in pictures

Can identify 1-2 body parts when named

Communication- By 18 months

Responds to questions

Repeats words overheard in conversation

Continues to produce speech like babbling

Points to a familiar objects and people in pictures

Understands "in" and "on"

Responds to yes/no questions with head shake/nod

Feeding

Holds and drinks from a cup

Brings a full spoon to mouth, turning spoon over en route

Drinks with four or five consecutive swallows

Uses tongue well to move foods from side to side in mouth